

A FREE GUIDE

How to Care for Your Extensions at Home

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WELCOME

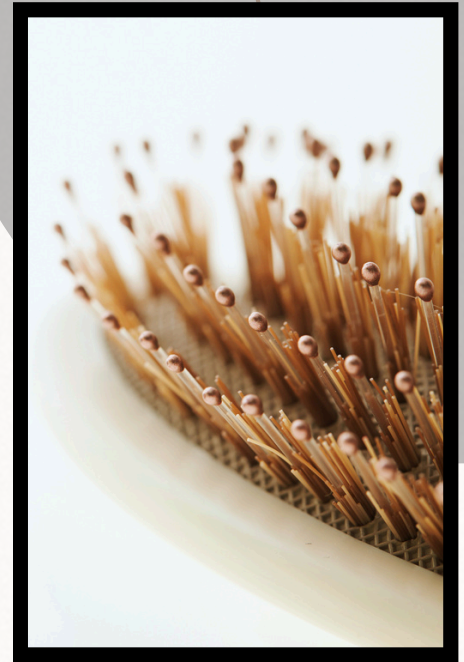
Caring for your extensions at home doesn't have to be overwhelming! These six simple tips are designed to help you maintain your extensions, keep them looking flawless, and protect your natural hair. With the right care, your extensions can last longer and always look their best.

-Nikki Browning



Step 1: Brush with Care:

Extensions require gentle handling to stay secure and tangle-free. Use an extension-friendly brush or wide-tooth comb, and always start at the ends, working your way up to the roots. Avoid pulling or tugging near the bonds to protect both your extensions and your natural hair.



Step 2: Wash Gently:

Use the sulfate-free, extension-safe shampoo and conditioner I recommend to keep your extensions looking their best. Focus shampoo on your scalp and wash in sections—top, nape, and between rows—for a thorough clean. Shampoo 2–3 times on wash day to ensure your hair and scalp are fully cleansed before conditioning.

Avoid applying conditioner directly to the beads; instead, concentrate on the mid-lengths and ends to hydrate without loosening the extensions. On silkier hair, slippage may occur more easily, so gentle handling is key.





3. Dry Thoroughly

Never leave your extensions wet, as this can weaken the bonds and lead to tangling. After washing, gently towel-dry your hair to remove excess water, then blow-dry the bonds first before moving to the rest of your hair.

Always use a heat protectant spray to shield your hair and extensions from damage while drying.



4. Style with Care

When styling, always use a heat protectant spray or oil to prevent damage and preserve the quality of your extensions. Keep hot tools, such as curling irons or straighteners, at a low to medium heat setting (below 350°F) to protect both your natural hair and extensions. The more mindful you are, the longer your investment will last.

5. Protect While Sleeping

Before bed, tie your hair into a loose braid or ponytail to prevent tangling. Sleeping on a silk or satin pillowcase reduces friction, keeping your extensions smooth and intact. These small adjustments can help maintain the quality of your extensions and ensure they stay secure and tangle-free.



6. Hydrate with Daily Oiling

Keep your extensions soft, shiny, and tangle-free by applying a lightweight, extension-safe oil daily. Focus on the mid-lengths and ends to hydrate your 100% human extensions, preventing split ends and breakage. Consistent oiling helps combat dryness and keeps your extensions looking smooth and healthy between salon visits. I recommend Davines Oi Oil for the best results.





THANK YOU

Thank you for reading my guide on caring for your extensions at home. With these simple steps, you can keep your extensions looking flawless and feeling amazing between salon visits.

When you're ready for your next appointment, I'd love to see you!

Book your visit anytime at:
www.nikkibrowninghair.com

Let's continue your journey to healthy, beautiful hair!